

My  
**GSNP**  
Magazine

**GAME**

**Solution**

**NEEDS**

**Priority**



**BEST tips for a better FUTURE**

**FREE**









## Most important Priorities for your education choice

In the senior year every student has to make many decisions about the future. There are many options before the young people, but first there is the decision whether to go to higher education institution or to start working immediately.

Many young people that have the chance choose the first option. And then there is the long list of questions you have to answer to go forward. To make the decision for your higher education degree you have to arrange your priorities. Some of them are:

- What do you want to study?
- What is your financial situation?
- Where do you want to go?

The first and most important question is what really do you want to study. Based on your high school education, your hobbies and interests and of course the needs of the market, there are some tips you can use to make the decision easier. First you can make a list of the things you want to study – you can get information from web sites of some of the collages



you like. Another thing you can do is to make a consultation either in your school or a special professional orientation centres.

Finances is a very important problem you need to deal with. Every higher education

institution has different fees. And you need to calculate how much money you will spend for living – there are costs for the place you will live in, the food, transport, books and so many other things. After you start your education you can probably start a job, but at the beginning there will be a lot of things to pay for. Here there are a lot of options too – scholarships, student loans, help from your family or even sponsorship by a potential employer – but all of these thing needs to be arranged so you can proceed with your plan.

After you are already oriented what you want to study and you have made some calculations about the money you can spend, there is one more decision to make – find and

choose your new school. Here you need to decide based on your interests and finances whether you will stay in your country or you will go abroad, which university is best for your educational preferences, which one can give you what you want the most and is affordable for you at the same time.

These decisions you need to make not only to decide what to do after school, you need to make them so you choose your future. Yes, there are a lot of things to arrange and there are a lot of problems you need to deal with, but don't forget that the most important thing is to find what you love to do, because nothing is worth it if you don't make it with passion and dedication!



# How to make your way to the beginning of a successful career ?

The most important thing for every young person is to find a good job and start a successful career. To do that you need an appropriate education and previous working experience. And here we ask the question how do we play this game – how can we have proficiency behind our backs when every employer asks about your working experience and prefers to hire someone with more practice. How do we get the chance to gain appropriate experience so we can be prepared for our future dream career?

European Union offers a lot of options to gain experience and to learn. There are organizations such as EVS and Erasmus Internship, that gives you the option to go and work abroad and not only to gain experience but also to find out if what you have chosen is really your thing to do and if you are good in it. Now we will take a look over the variety of



opportunities that EU offers us and remember that these programs are not designed to give you the job of your life – they just have to provide you the chance to travel and to gain experience.

EVS /European Voluntary Service/ - is a program for young people aged 17-30 that helps them travel abroad to participate in volunteering project. The projects can involve many different kind of activities such as youth work, cultural activities, social care or environmental protection. You volunteer on unpaid and full-time basis. The duration of the programme is a minimum of 2 weeks and a maximum of 12 months. At the end of the program you get an Europe-wide certificate. The financial support you receive includes accommodation, board and any local transport, insurance. It is possible that you also receive a small amount of 'pocket money'. You can find a lot of information at the European Youth Portal website about volunteering opportunities, details about different projects, description of what kind of volunteers are needed, contact details application procedures.

Another option before the young people is the Erasmus Internships programme. That program gives students in higher education the opportunity to take on an internship in another European country. Usually the deration of the program is between 2 and 12 months. During the project you will gain experience in your chosen field, experience of working in foreign country and gaining cultural knowledge, you will also develop your

individual skills which includes new language skills and practical training. Erasmus Internship Program is designed to further develop well qualified and motivated students. The program promotes cooperation between universities and civil institutions among all the nations involved. For you this means you have a wide choice of countries that you can choose to visit. This includes all the EU member states plus Iceland, Norway, Liechtenstein, Turkey and Croatia. And after all just imagine how good an internship abroad will look like in your CV!

The website [Erasmusintern.org](http://Erasmusintern.org) is a platform where companies and organizations can offer their internship vacancies to individuals seeking international opportunities so don't waste time – just check it.

These are some of the options to choose from as an EU citizen. An experience abroad is a very good thing to put in your CV – it shows that you've gain a lot of different skills even if the duration of the exchange program was short.

After you already have the education and working experience there are a few more options that the EU gives you. We will just mention the programs that can help you in your career development.



EURES is a program that gives you the option to find a job and start a career abroad. It provides information tools which aim to give help and support when considering moving to or recruiting from another country. EURES collects information about vacancies all over the 28 member countries plus Norway, Iceland, and Liechtenstein and Switzerland.

Erasmus plus for young entrepreneurs is a program for young people with ideas for their own businesses. After you've already made a business plan this program gives you the chance to visit another person who has already build a business that you want to build today somewhere in Europe and to see how he is managing it. This will give you knowledge about the structure, details that you should have in mind when starting your project and a lot of other information that you can use for your own success.

To be a young person in 21st century especially in Europe is a journey. It can be an interesting game – to find different options to travel, learn and work. Unfortunately there are a lot of young people who don't appreciate this and who are not seeking for an experience. Don't be one of them – go out and play this adventure game to make your life interesting, successful and valuable!

## Overcoming the fear or failure

You feel paralyzed by fear. Your stomach tightens. As your teacher places the test paper on your table, your mind goes blank. Sound familiar?

In order to overcome our fear of failure, we first need to realize that there are three stages in the journey: Approval, Acceptance and Adventure.



### FEAR OF FAILURE TEST

Answer true to any answer that generally describe you, and false to any items that generally do not.

1. I'm afraid to fail. True/ False
2. I play too safe. True/ False
3. Failing makes you worry that people will lose interest in you. True/ False
4. Failing makes you worry about how smart and capable you are. True/ False
5. Failing makes you worry about what other people think about you. True/ False
6. Once you fail at something, you have trouble imagining what you could have done differently to succeed. True/ False
7. Failing makes you worry about disappointing people whose opinion you value. True/ False

If you answer yes to only one or two of these questions, fears or failure may not be hindering your ability to succeed. That said, you may still be helped by the strategies that we are discussing.

If you answer yes to about half of these questions, your level of test anxiety is average. Reviewing these recommended strategies will help you to address these fears.

If you answer yes to most of these qu

estions, you are likely experiencing some pretty intense test anxiety. But that's okay, plenty of people do. You can overcome your stressors with the knowledge and practice of information we are about to review.

## *PREPARING FOR FUTURE JOBS*

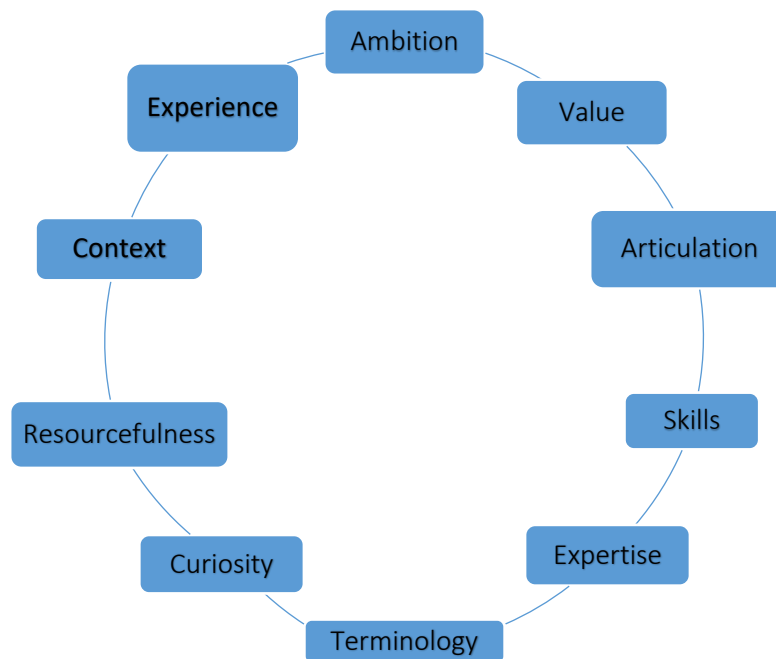
The world is constantly changing with a faster pace, some industries are clashing while others are rising, technology is taking over and making work more effective and efficient as well as globalization is interconnecting all of us. The fear of technology automating our jobs lies in everyone, due to the fact that it is rapidly increasing.

There is a whole new generation getting ready for the workforce and as much that some jobs have faded out, many others do not even exist yet. So the hard question here is: how do we prepare these young people for future jobs that will arise in this fast pacing world?

In order to create a workforce that will be prepared for future needs we have to take into consideration that systems are outdated, models of education and career planning are antiqued and the amount of training for relevant skills is still on the low. So when is the right time to solve a worldwide problem such as this and secure an eligible high quality workforce for future jobs?

The answer is NOW. We do not have to wait for the system to shift and start teaching the new rules of everyday success. It can be done using the traditional tools, throughout various forums, platforms and channels available to us. We often forget that the tools are right in front of us and that the development of these skills can also be achieved through simple conversations or formalized programs. Everyone can play the role of the teacher in the lives of the young people – neighbours, friends, colleagues and employees. This is what our future depends on.

The most vital skills to young people that are entering the workforce are as followed:



We are teetering the possible fourth Industrial Revolution, where half of the jobs today won't exist tomorrow and the other half does not exist today. Even predicating the future is becoming a "skill" young people are going to need for survival.

#### *Avoid Endangered Jobs*

This piece of advice is obvious. Future job seekers should avoid endangered jobs. These are mostly jobs that are routine based and is even beginning to include jobs that we thought robotics could never take over. Jobs such as telemarketers, title examiners, sewers, mathematical technicians, insurance underwriters, watch repairers, data entry keyers, new accounts clerks, library technicians and many more are most likely to be computerized in the near future. This is due to automation and other technological advancements. Do not worry though, machines still are not better than humans at everything, so other markets are rapidly growing.

#### *Keep your mind sharp*

"Innovation the elixir of progress, has always cost people their jobs", a paradox on first sight, but when we think about it deeper this is true. Trying to stop technical advancements is useless and does not change anything, the long-term benefits will always outweigh the pitfalls. What is important is that we keep educating ourselves – lifelong learning systems. We must exchange ideas and create new ones in order to survive. This will be one of the single most important qualities a young person can have in a world where machines do labour work.

#### *Be Flexible and Take Predictions With a Grain of Salt*

No one will ever be able to predict the future of course. Just look at 10 years ago when social media didn't even exist yet. Now SEO, social media marketing and blogging are jobs that you

can find everywhere. And of course this too is related to the internet and technology uprising.

Still we have to remember that not everything can be predicted, no matter how hard we try. Just stay tight, keep educating yourself, stay away from endangered jobs and your future will be just fine.

## EUROPEAN EMPLOYMENT SERVICES

The number of students searching for job opportunities abroad increases each year. Students are no more searching for jobs that only puts food on the table. They aspire to gain not only more work experiences from job opportunities that boost their CV and skills, but also have the need to learn from different cultures and have a unique experience that will further their knowledge. As much as young people are in the need to widen their horizons and abilities, employers are constantly seeking high calibre European candidates to fill their shortages. Many job employment services can be risky to use because of false advertising of the jobs they offer. If you are seeking for such an opportunity and do not know where to start, the following European employment services are secure, transparent and certified. They offer high quality services that guarantee employment. The two most used and best services to help you in this case are:

- EURES is one of the most popular services and certainly offers the most for employers who wish to employ the best out of the best and employees which are in seek for a job that perfectly suits them. EURES is a cooperation network for the EU 28 countries, including Switzerland, Finland, Iceland, Liechtenstein and Norway. Its goal is to provide free

movement for workers within these countries. They facilitate information and placements which benefit both the employee and employers also. Their services are provided throughout a portal and human network of around 1000 EURES advisers. The jobs that are advertised on EURES comes from EURES members and partners and in order to increase transparency all jobs that are offered by European Public Employment Services are visible on this site. Millions of job offers are updated daily, while vacancies that are taken are automatically erased. The site is simple to use and details about jobs etc. are translated into all EU languages. For more information you can visit their site at [ec.europa.eu](http://ec.europa.eu).

- ERA is one of Europe's leading recruitment providers. This is an UK based organization that works in collaboration with Skills Provision and their goal is to get the right people in the right job at first time. They are dedicated to providing employment solutions around the world and support companies that are in search for top quality workforce regardless of their physical location. ERA is a high quality agency that focuses on the needs of the employer, offering solutions that perfectly fit every individual vacancy, with a quick response. Not only do they provide employment services they also provide many other services as well, such as: headhunting, multiple or mass recruitment, regular fee recruitment and contract labour. For more information you can visit their website at [www.recruitment-agency.eu](http://www.recruitment-agency.eu)