

Youthway

Magazine for the young and successful

BOOST YOUR CV TO LAND YOUR DREAM JOB!

Tips and tricks to stand out in the crowd

REAL LIFE STORIES

How to make the right
educational choice?

INTERVIEW WITH MARIOS EFTHYMIU



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BOOST YOUR CV DAZZLE YOUR EMPLOYER

Your CV is your chance to show an employer you have the skills and experience needed, and that you are the right person for the job. You will need to consider what to include, how much detail is needed and how to make your CV stand out from all the others.



DO

- Tailor your CV to the job.
- Make your CV clear, neat and tidy.
- Try to look objectively at your experiences (even the bad ones) and identify what you learned or what skills you developed in the process.
- Put experience and education achievements in reverse chronological order.
- Include experience and interests that will be of use to the employer: IT skills, foreign language competency, driving skills, leisure interests that demonstrate team skills and organization/leadership skills.

DON'T

- Include information which may be viewed negatively – failed business ventures, reasons for leaving a job
- Include anything that might discriminate against you – such as date of birth, marital status, race, gender or disability.
- Make your CV more than two pages long.
- Don't include all of the jobs you have had since school, just the relevant ones.
- Use jargon, acronyms, technical terms - unless essential.
- Include a photo unless requested.



HOW TO GO ABROAD and gain experience WITH THE HELP OF THE EU?

European Voluntary Service

EVS enables young people aged 17 to 30 years to live up to 12 months in another country while working on a project. Placements may be with NGOs, charities, public bodies or community organisations. There are many different types of projects it all depends on your interest and what you want to do – You decide!

Internships

Erasmus+ provides a grant for higher education students to carry out a work experience placement in a choice of 32 countries across Europe, as part of their degree. You get to travel, you get to improve your language skills, you may get paid, you'll earn credits and you get that most precious word of all: experience.

The European exchange programme for Entrepreneurs Erasmus for Young Entrepreneurs is a cross-border exchange programme which gives new or aspiring entrepreneurs the chance to learn from experienced entrepreneurs running small businesses in other Participating Countries.

Work shadowing

Students and graduates often use work shadowing opportunities to get a taste for a particular job that they might be considering. It lasts from a few days to a few weeks and it is usually done between companies.

EURES Services

EURES (EUROpean Employment Services) is an information exchange network operated by the public employment services in the European Union and the EFTA countries. Its aim is to facilitate the mobility of workers within the countries of the European Union (EU) and the European Free Trade Association (EFTA).

EDUCATIONAL CHOICES REAL LIFE STORIES

HOW TO MAKE A GOOD CHOICE?

We interviewed several young people to find out how they feel about the choices they made when it comes to education. This is what they had to say!



Albert, 25, Romania

My BA degree is Public administration – at first I wanted to choose something less specific, containing administrative skills and more open to different perspectives. I have chosen MA in Environmental management in order to specialize in the field of my actual interest. I am quite satisfied with my choice.

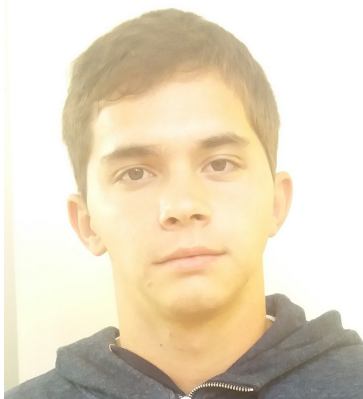
Olga, 26, Poland

I feel that I didn't make the best choice. After I finished my BA in International cultural studies, I continued MA in Latin-American studies. Even though both study programmes seem to be interesting for me, I feel there is a lack of practical skills and competence development. I should have made a better research before starting my educational route.



Eduard, 20, Bulgaria

My parents supported my educational choice. Now I am doing BA in European studies. While choosing a study programme at university, I was thinking of studying one which combines languages and international relations so that I could later find a job in Europe or even work for the government.



Steven, 42, Belgium

I have a degree in Germanic philology, but I never had a job according to my qualification. I spent more than 15 years working in a banking field, now I decided to dedicate my life to travelling and freelance. The main advice I could give to young people who are in front of their educational choice - keep your options open, but don't lose directions.



YOU CREATE YOUR OWN FUTURE

MARIOS EFTHYMIYOU

THE INTERVIEW

Preparing for future jobs is not an easy task for the youth. That is why we interviewed Marios Efthymiou, a retired business consultant with a rich business experience. Born in South Africa, he has two PhDs and speaks 12 languages fluently. Today he is on the board of directors of 137 companies, including 30 charities.



What tip can you give to a young person who is looking for a job?

Know your skills and passions. Be honest to yourself and find a job that would not be easy for you. However, make sure that you understand your dream job and that it not only challenges you, but that it also comes naturally to you. Love what you do.

How can we discover what we love?

Again, be honest with yourself. Start with a specific skill and develop your talents.

What advice would you give to a person who is looking to start their own business?

It is easy to own, but it is not easy to run a company. Know your market and your product – you need to analyze your market and look at it from another person's perspective. Most businesses fail because they think everyone needs what they have to offer. Choose your target group and listen to your customers. It is also very important to create a good costs plan that would include all the small costs that might seem insignificant.

What is your opinion of gap years?

Gap years are a good thing, provided they add value to you. A one year holiday is a very bad idea. A gap year will make you stronger if you do it properly because you will learn how to be responsible and you will put yourself to test and understand your abilities better.

In your opinion, how relevant is non-formal education?

Very relevant. I give it more credit than formal education, but the validation of non-formal education is a big issue. Take advantage of all that you can and research if what you learnt is true.

WHICH CAREERS MATCH YOUR SKILLS?

SKILLS AND JOBS

GAME

Knowing what you are good at and what you like to do is important when making decisions about careers.

Match the set of abilities/activities with the jobs:

Math & Science
Solving problems
Computers

Singing, acting,
dancing
Being creative
Speaking/performing
in front of others

Helping people solve
problems
Helping people feel
better
Teaching people

Leading projects
Selling
Leading people

Working with
numbers
Being organised
Following a set plan

Hand working
Building & fixing
things

Learning history &
geography
Caring for
family/home
Industrial
technologies

Bank analyst
Data specialist
Secretary

Artist
Agent
Teacher
Director

Manager
Lawyer
Politician
Selling agent
Stockbroker

Chef
Electrician
Engineer
Pilot
Driver

Accountant
Architect
Doctor
Engineer
Financial adviser

Teacher
Archeologist
Social worker
Tour guide
Travel agent

Couch/Trainer
Nurse
Teacher
Therapist

