



LOSERS
PARADISE

Step up on your game

By Milda Zukaite



Back in the days young people were trying to separate themselves from their parents homes as soon as possible after graduating high school. Independence was one of the most important factors that they were looking for. Nowadays youth is way more practical, because they start to plan their careers way earlier and independence is not the most important thing on the road to success anymore. Now we start to work earlier, study longer and harder. We become more self-sufficient and realise success takes time. However, youngsters face a lot of questions of choices which makes it very difficult to do the right step. That is why more people choose to work or volunteer before studying, in order to gain experience and sometimes find new spheres that that they might be good at. People need to take time after high school, because stress, that they face in school doesn't leave time for them to do future occupational choices. I think it is important to take your own time, whether it takes getting a job or volunteering , or even traveling around the globe. You have to talk to people. It is too expensive nowadays to do your own mistakes when you can easily learn

from others. You must share your feelings and experiences. You might find something that you don't expect in places that you never thought about.

What is the most important that youngsters must learn to make choices on their own and not follow any steps based on wishes of their families, because your parents are not the ones who are going to spend the rest of their lives doing what they don't like.

Secondly, you must know your priorities, whether you would like to become rich or you want to do things that you actually do enjoy, but not necessarily can make a lot of money from.

It is not an article that everyone should follow, but my personal experiences that might help someone.

ERASMUS+. THE EXPERIENCE OF A LIFETIME

Kristina Kosovska

The first word which comes to our mind when we talk about opportunities in EU for youngsters is often Erasmus.

Thanks to that organization, millions of young people annually get out of their comfort zone and participate in Erasmus projects. That's why we have decided to meet you with that worldwide organisation for the monthly issue of the magazine.

Although Erasmus is relatively young - established around 20 years ago, its name is well-known for the majority of citizens. But as a matter of fact, the origin of the name is rarely-known. Actually, the programme is named on Desiderius Erasmus whose main reason to live had been to gain knowledge while travelling. In this way, the Erasmus name corresponds with the idea of obtaining particular skills while being abroad. As a result, that is the main concept of the organisation.

Furthermore, there are some categories defined by the age band of the participants. For instance, the most widespread one is KA1 and KA2, which means a programme around a week for those between 18 and 35 years. Actually, there is a staggering number of themes of the projects which makes it so popular. As a result, after the projects participants definitely share some positive feedback. For example, some claim that they come back to their country refreshed with brand-new ideas for their businesses.

To sum up, all of the said above contributes to the young participants, some already employees, as an extraordinary experience for their CV. What is more, they obtain qualities which wouldn't be able to encounter in their everyday life such as spontaneous talks with strangers.



A success story of a business

- When did you start to think about your own business?

The idea popped into my head when I was working in a lot of different jobs, and none of them satisfied my expectations. So I quitted my last job in management and I started to do research about my own business.

-What steps did you take to create your business?

First of all, I had enough money to live for several years so I did not rush anything. I began to travel around many different countries to see what is popular and what I could adapt into my country. And after one year of travelling I stayed a bit longer near Himalayas and I saw there many rock climbers. They there traveling to these mountains all around the world from different continents and from my country Lithuania there was many people. Then i started to think why we have to travel so far to practice climbing.

- What did you do when you came back to Lithuania?

I started to search for people who would be satisfied about rock climbing facilities and for my surprise there was even more people then i could expect. One of them there was very rich business man and he trusted my idea of building climbing wall from concrete blocks. When the EU project was writen he supported my starting contribution which was necessary to get all amount of money from the project.

- How is the business going today? Actually after we build this wall there was not many people climbing everyday. But then we invested more money into marketing so the flow of humans started to rise. We began to organize a lot of events, birthdays, work holidays and today we get many desires to travel with groups of people to the mountains. So our clients are fulfilled of the services and we keep growing.

How to do business like a local

By Milda Zukaite

We walked the streets of Chingford and decided to get to know how is it to run a business in this area. By accident we got to meet Huseyin , the owner of 'Café Vivaldi' located in the very heart of Chingford. Locals love this place, so we want to know what makes it so special. It was very warm and nice talk about making dreams come true.

- **How did the idea to start this business was born?**

I came to United Kingdom in 1994. Since then I was working various jobs. In 2003 I opened my first café. I had two more, but I sold them later and kept only this one.

- **Where did you get the budget for opening your own business?**

I was working for it. I saved all the money myself. I didn't ask for bank loan .

- **How did you sleep tonight? 😊**

Very well.

- **What do you like the most about your business?**

To make money, because this is why you want to start your own business in the first place. And of course seeing all the different people in my café.

- **What difficulties do you face every day?**

This is more relevant to my wife, who is working here as well. It's difficult to work, while you have 2 kids to take care of. She has to take them to school before work, then take them from school after work.

- **What makes you happy?**

My family. Even if something bad happens, I come back home after work and I forget everything when I see my daughters. They always make me happy.

- **What would you do differently if you had a chance to start again?**

I am a mechanic originally. If I stayed in Turkey, I would probably do something with that. But I would invent something new, not just copy others. I would like to work with cars. Unfortunately, if I stayed there, I couldn't make a decent amount of money for that job.

- **Do you make Turkish traditional meals in here?**

Not really. Our customers are local people who live and work here. We serve traditional English food.

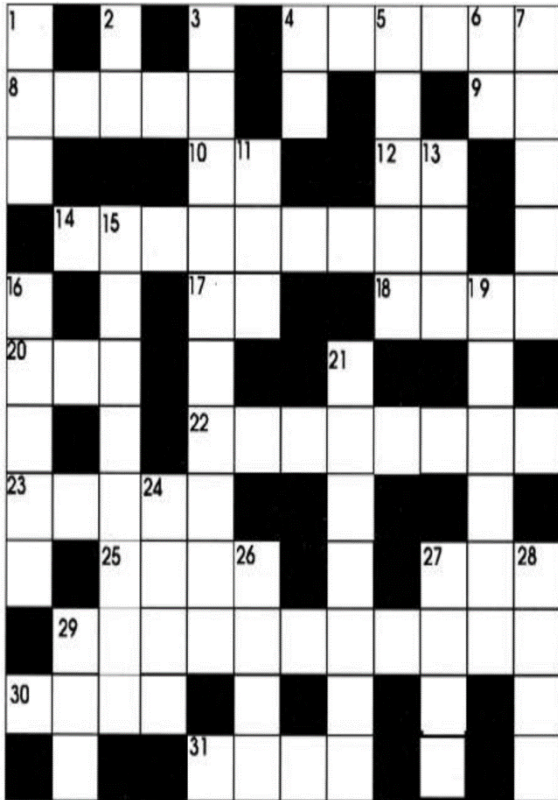
- **What challenges did you face when you entered UK for the first time?**

Language barrier and new culture. British people are looking strange to foreigners. It's important to know the culture and the laws of the

country that you're going to. I started college when I came here to study English, but at the beginning I had to walk with translator everywhere.

- **Do you still come back to Turkey time to time?**

Of course. My family lives there. I came back from Turkey yesterday.



CLUES ACROSS



- 4. Uninteresting.
- 8. Travel to work _____ before the crowds.
- 9. You can pay now ___ later.
- 10. Personal Assistant, or per year.
- 12. Middle of city.
- 14. To publicise.
- 17. Us as a subject.
- 18. These CD's cost £19.99 _____
- 20. Designates an incorporated company in the United States
- 22. Documents indicating how much must be paid.
- 23. Minimum.
- 25. Businessmen usually wear them; but they could be links too.
- 27. Owed.
- 29. People working in offices, often women.
- 30. Table to work at in an office
- 31. Remain

CLUES DOWN

- 1. _____ cost; cost after all additions and deductions have been made.
- 2. Same as 9 across.
- 3. Once common, these machines have now disappeared from most offices.
- 4. You can order ___ phone or online.
- 5. Put up (prices, for example).
- 6. Do people use dollars in Britain?
- 7. Diagram showing how figures have evolved.
- 11. Most banks _____ closed on Sundays.
- 13. The British even drink it in the office!
- 15. To tell a personal assistant exactly what to write.
- 16. Synonym of 22.
- 19. A piece of paper accepted as payment in place of cash.
- 21. Firm, business organisation.
- 24. If you are _____, you may not go to work.
- 26. We _____ you our price list last week.
- 27. To compose a telephone number!
- 28. Oil company, called Exxon in the USA.
- 29. Series.

