

YOUNG START



ISSUE NO. 1

A YOUTH MAGAZINE

TIRED OF TRYING TO DO A CV?

BY ANTREAS ANTREOY

First of all what's a CV? For me the easiest and most rich way to answer it is with a single phrase that says it all. "your CV is you". So by that we must not take out CV's lightly but with out most attention and detail because, imagine going to the bar looking for a girl the sure thing is that the first girls you are going to notice are the prettier ones. So thats how you should treat your CV also, make it a hot chick that will seduce the boss to give you the job you are looking for.

So lets find out some popular and useful tips and tricks that will help you to boost that CV and get that job you are working so hard for it.

1. Be honest fist of all when you lie, you to your self, so please stay honest on the information you give on you CV.

2.Be adaptive. Make your CV different for each situation highlight the competencies that are more important for the current job and try to show your recent experiences about it



3. **Don't Copy the add.** If the has a specific description like "looking for a bride hardworking individual with great background in economics and social studies" dont go ans describe your self exactly like that. Yes thats what they are looking for but you can use other words to describe your self as that perfect candidate the description needs. Your vocabulary is surely rich so use it.

4. **Include everything you do.** If you have good soft skills that are applicable for the job you should include them thats a great asset, also participation in volunteer work helps sometimes.

5. **Don't hide gaps.** If you ware unemployed for a couple of years you don't need to hide that necessarily especially if you ware developing your soft skills during that time.

6. **Presentable.** Try to keep the CV Presentable and organized you can bullet point it by years making the readers life easier, that will also show your organization skills.

7. **Overflow.** Don't over write your cv you don't need ti list everything since you ware 15 years old it will get big and boring and people will just ignore it. Try to stick to the basic and necessary stuff for the job you are applying for.

8. **Big words.** Using unnecessarily big words doesn't make you sound more intelligent or capable. Not only are hiring managers totally aware of what you're trying (and failing) to do, but "resume speak" can obscure your real experience.

9. **Contact info.** And last but not least Pretty basic think actually , but you'd be surprised how many job seekers put together an amazing resume—and then don't include enough "here's where to find me" info. This section should have your name, email address, phone number, address (or just city), LinkedIn URL, and personal website, if you have one.

Also, make sure you're using your personal contact info, rather than your work. Because that's a recipe for disaster.

So basically that are some stuff you can use to great a better more stractical CV that will help you achieve that goal. Get out there and conquer the world my friend. Because the world is yours.





FROM CHEF TO IT

BY ANASTASIA EFTHYMIADOU

How many times have you known someone who's switching his career path to one completely unrelated to his study field? Or even maybe you're the one to be in this position. Is it because this individual could not succeed on his field of expertise or they actually found something better? So, let's meet Andreas.

Q.: Are you currently employed ?

A.: Yes, I am working at a company for the last two years.

Q.: Have you studied?

A.: Yes, I have. Although, my studies in something completely unrelated to the job I have now.

Q.: That's interesting. So, why is that? Have you been trying to find a job in your original career field initially?

A.: I actually have a lot of work experience related to my studies. I was a professional chef and I have worked in several restaurants, at first as a part of my internship and later on as a regular employee in other restaurants. At some point though, I realized this job was not a good fit for me so I decided to quit and think of what was it that I really wanted and would make me enjoy going to work every day.



I also faced discrimination while job hunting and I was deprived of some opportunities due to irrelevant reasons. Reasons that had to do with appearance or personal beliefs. But I must admit that overall I would get a job quite easily. I have to add though, that I was following a career that offers a lot of opportunities in almost every country and if I really wanted it and was passionate enough I believe I would have been offered the chance to make it.

Q.: So you said you are working at the time being. What is your new career and is it what you really wanted?

A.: For the time, I am working at a company that is dealing with web design and that is my ongoing job.

Q.: When you applied for this job did you have trouble getting this position, considering you don't own a related degree?

A.: Of course it's a position with certain requirements and skills, but I already acquired most of them due to my personal interest in the field. I used to practice a lot and did research in my free time just for a hobby but in the end it worked out perfectly for me. I proved I had actual knowledge, enough for the position I was offered and I was employed.

Q.: When looking for one of your previous jobs did you have difficulties getting the positions you wanted?

A.: Yes, I definitely had. I was a chef in a highly touristic country such as Cyprus so the competition was insane and employers were a lot more selective.

"I decided to quit and think of what was it that I really wanted and would make me enjoy going to work every day"

ANDREAS, CYPRUS



HOW TO MAKE A CAREER CHOICE?

by Eleonora Dzambas

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Individuals who are trying to choose a career often wonder if they can take a test that can tell them what occupation is right for them. Unfortunately, there isn't a single test that will tell you what to do with the rest of your life. However a combination of a self assessment tools and a career exploration can help with the decision.

Values

Interests

Personality

Aptitude

These four things are most important for self assesment. Values are considered to be the most important. They represent your achievement, status and autonomy. There are two types of values: intrinsic and extrinsic. Intrinsic values are related to the work itself and what it contributes to society. Extrinsic values include external features, like physical setting and earning potential.

People with the same careers have similar interests. So based on that information a psychologist named E.K. Strong made a test -Strong Interest Inventory- where individuals have to answer few questions regarding their interest which will help them to choose a career.

There are a lot of personality type tests but the most famous one is Myers Briggs Type Indicator. In the test people are separated in four different categories depending on how they socialize with others or how they perceive information, how they make a decision and how they live their lives.

It's really important to know your personality, because if you are introvert it would be really hard for you to work in an environment where you have to socialize a lot.

Aptitude is a natural or acquired ability. It means that whether you are natural talent or you learned something through training or education, if you are good at it and as well enjoy doing it you should focus and be persistent on making career out of it. But there are also other factors that can influence a career choice like family responsibilities, financial status, political orientation etc. which shouldn't be taken out of consideration.

After the self assessment is finished you can start working on your career exploration. That means you should make a list of careers that are a good fit for someone with traits similar to yours.

At first you will want to gather some basic information about each occupation on the list, which means looking for a job description, labor market information, median salary and educational and training requirements. After narrowing down the list of career choices the research should become more involved. It would be best to learn what working in the field is really like before you actually start working. One way is to talk to people who are working in that field or shadow them on the job. You can do an internship as well and get the real job experience.

Finally, after doing all your research you are ready to make your choice. Pick the occupation that you think will get you the most satisfaction based on all information you have gathered. And remember it's normal to change your mind about career choices at any point in your life.

YOUNG PEOPLE IN ACTION!

BY AURÉLIE EUCAR

Erasmus+ is part of the European Union program which runs for 7 years, from 2014 to 2020.

In this article, we would like to introduce you with Youth Exchanges and Training courses as one of the most common Erasmus+ events in Europe.

They can be a mix of exercises, workshops, role-plays, simulations, debates, and outdoor activities.

The concept of Europe is strengthen Links between all the European country but also to create a social link between all the European citizen on a personal et professional level.

In Europe there is a lot of possibilities to permit youth to acquiered a new experience for gain work.

Unfortunately, they are not enough informed and they don't know how to achieve their goals.

The programs of the European Union contribute to the social insertion of young people. These programs permit to the youth to see the world of work an other way and develop their competences as a foreign language, their professional expertises, and their social relationship.





Many young people from all over the European Union are looking for opportunities where they can learn and improve personal and professional skills. In addition, this exchange between the young generation overcomes to different social and economic difficulties specific to each UE countries.

Thanks to Erasmus+ program for education, training and sport, young people have so much more opportunities to travel to learn on different topics.

The main purpose of these youth exchanges is to develop competencies, strengthen values like solidarity, listening, democracy, friendship, communication, teamwork, and discover new cultures, habits, and lifestyles through peer-learning.

At the end, youth people can discover that the world is bigger than they thought, and full of various opportunities.

With this, they can improve themselves and offer them an opportunity to do a soul-searching and maybe find their way.

And maybe find the work of their dream, maybe just across the border next to them.

DREAMING ABOUT WORKING ABROAD?

BY HANA DOLEZALOVA

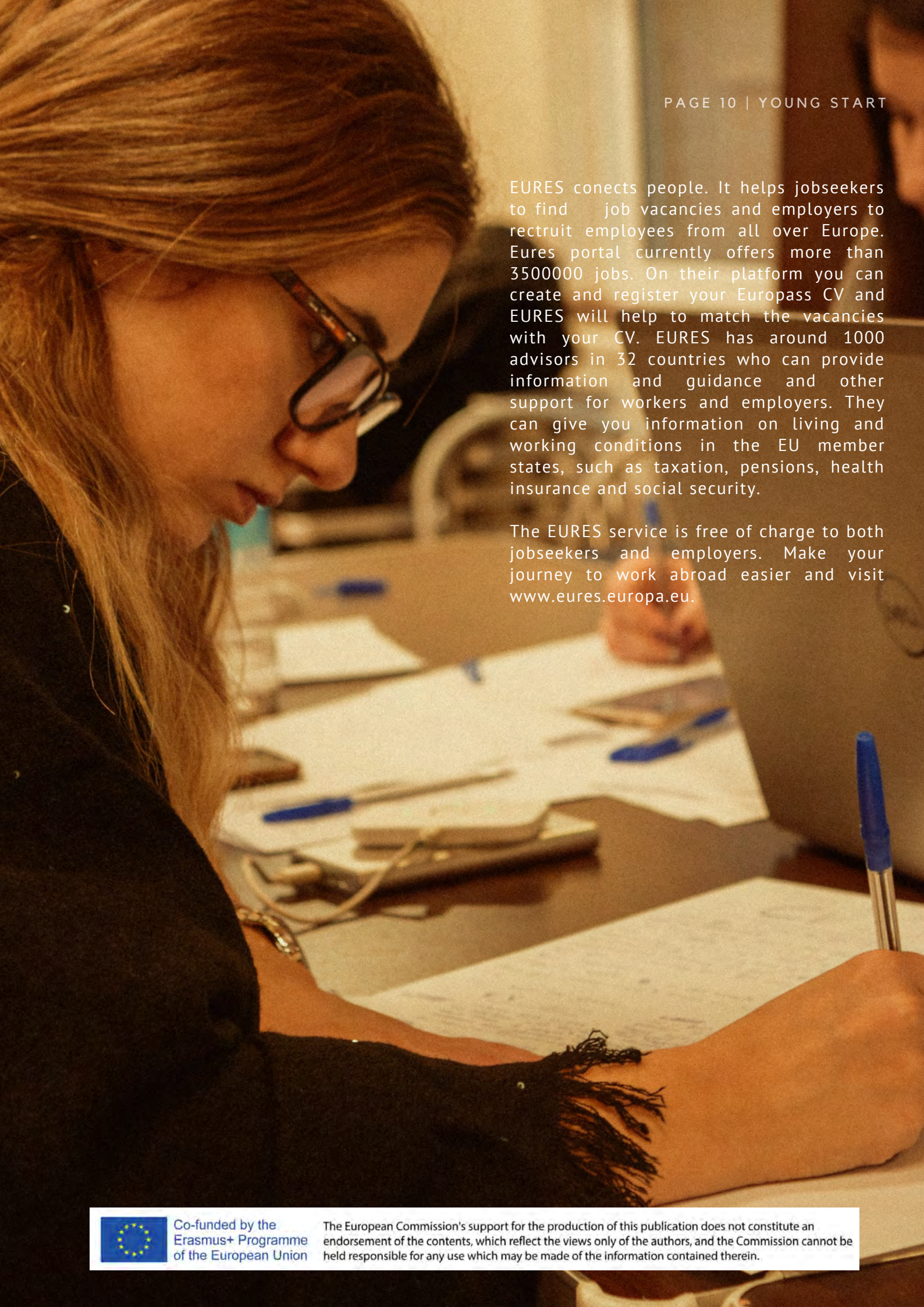
Do you need some change in your life? Do you want to gain new experience, get to know other cultures and improve your language skills? Then working abroad could be the life-changing experience you need!

By working abroad you improve your personal and professional skills and boost your chances of finding a better job in your country. In addition you will better understand other cultures, meet new people, build contact network and most likely make new lifelong friendships. Working abroad will certainly improve your language skills, ability to communicate with others, solve problems and react on unexpected events in a foreign environment.

Being an EU citizens has certain benefits. You have the right to move freely around EU member states as well as Iceland, Liechtenstein, Norway and Switzerland, study, work and live there. This make the situation much easier, but before your dream comes true, there is still a lot of things to manage.

Luckily, there is something called EURES! The European Employment Services Network (EURES), set up in 1993, was established by the European Commission to facilitate the free movement of workers within the European Union member states plus Switzerland, Iceland, Liechtenstein and Norway.





EURES connects people. It helps jobseekers to find job vacancies and employers to recruit employees from all over Europe. EURES portal currently offers more than 3500000 jobs. On their platform you can create and register your Europass CV and EURES will help to match the vacancies with your CV. EURES has around 1000 advisors in 32 countries who can provide information and guidance and other support for workers and employers. They can give you information on living and working conditions in the EU member states, such as taxation, pensions, health insurance and social security.

The EURES service is free of charge to both jobseekers and employers. Make your journey to work abroad easier and visit www.eures.europa.eu.

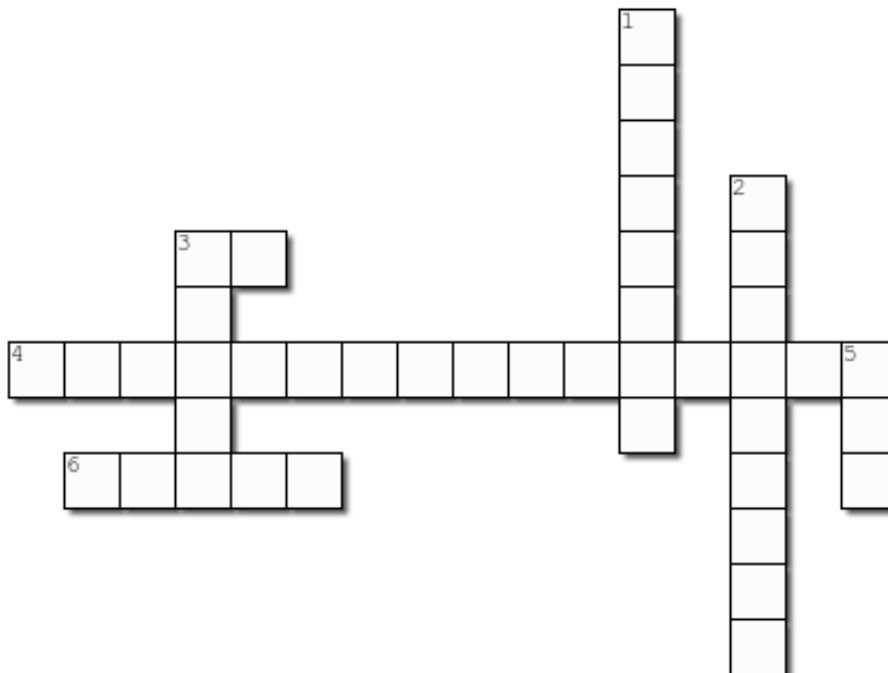




Name: _____

Game Corner

Complete the crossword puzzle below



Created using the Crossword Maker on TheTeachersCorner.net

Across

3. A UNION OF EUROPEAN COUNTRIES
4. WHAT CV STANDS FOR
6. TAKING ----- TO SUCCEED , WORTH IT EVEN IF YOU FAIL

Down

1. STAY P----- AS MUCH AS YOU CAN
2. FORM OF RECOGNITION OF NON FORMAL LEARNING BY EU
3. PLATFORM THAT HELPS JOBSEEKERS TO MOVE ABROAD BY FINDING A JOB IN EUROPE
5. EUROPEAN SOLIDARITY CORPS