

Youth Exchange

“EGO VS ECO”

14 -25, September

Madeira Island,

Funchal

2021



With the support of the
Erasmus+ Programme
of the European Union



The initiative and idea of “EGO VS ECO” originated from young proactive people who want to emphasize the importance of existing worldwide pollution issues and develop pro-environmental behaviour amongst their peers to reduce harmful actions both in their community and globally. Together step by step we aim to change the current threat from pollution to a solution.

The Objectives of the project:

- **Explore, experience and express an unconventional ideas that would increase awareness of climate change within a group of 42 young people using informal learning methods;**
- **Raise curiosity about environment protection;**
- **Evaluate how an individual can impact the environment with their daily actions;**
- **Improve solidarity and intercultural dialogue;**
- **Experience 7 specific activities: Hiking, creation of motivational videos, treasure hunting, diving or snorkeling, flash mobbing, greening and recycling;**
- **Increase the engagement of the active European citizens;**
- **Include young people with fewer opportunities (economic, educational, social difficulties, from isolated areas).**



The project is for you if..

- You are motivated and open minded to explore nature and think about eco threats , face stereotypes, step out of comfort zone
- You are are willing to challenge and (re)discover yourself and at the same time to incorporate the views of others (developing intercultural empathy) and acknowledge responsibility
- Ready to test yourself in working on an high speed youth exchange full of practical assignments
- Resident of UK, Slovakia, Turkey, Portugal, Latvia, Romania or Cyprus
- Able to work and communicate in English
- You are 18-30 years old (except leaders, who can be of any age)

Participants

- Regarding the participants' knowledge of the "EGO VS ECO" topic, young people can be with various understandings about ecosystem, environment protection and climate change.
- However, please research about ecosystem and environment protection in your home countries. It would be great for each national group to prepare a brief research on the matter before coming to Madeira and during work sessions explain and provide practical examples from its country.

Specific Skills: 1 - 2 participants of each national group will need to have at least basic knowledge about filming (studying school, freelancers or have experience in other projects related to filming). With them should be specific equipment (camera, high quality phone, computer) to use their skills in practise during the project.

Traveling costs are covered, up to the maximum expenses:

United Kingdom: 360 EUR

Romania: 530 EUR

Cyprus: 820 EUR

Latvia: 820 EUR

Portugal: 275 EUR

Turkey: 820 EUR

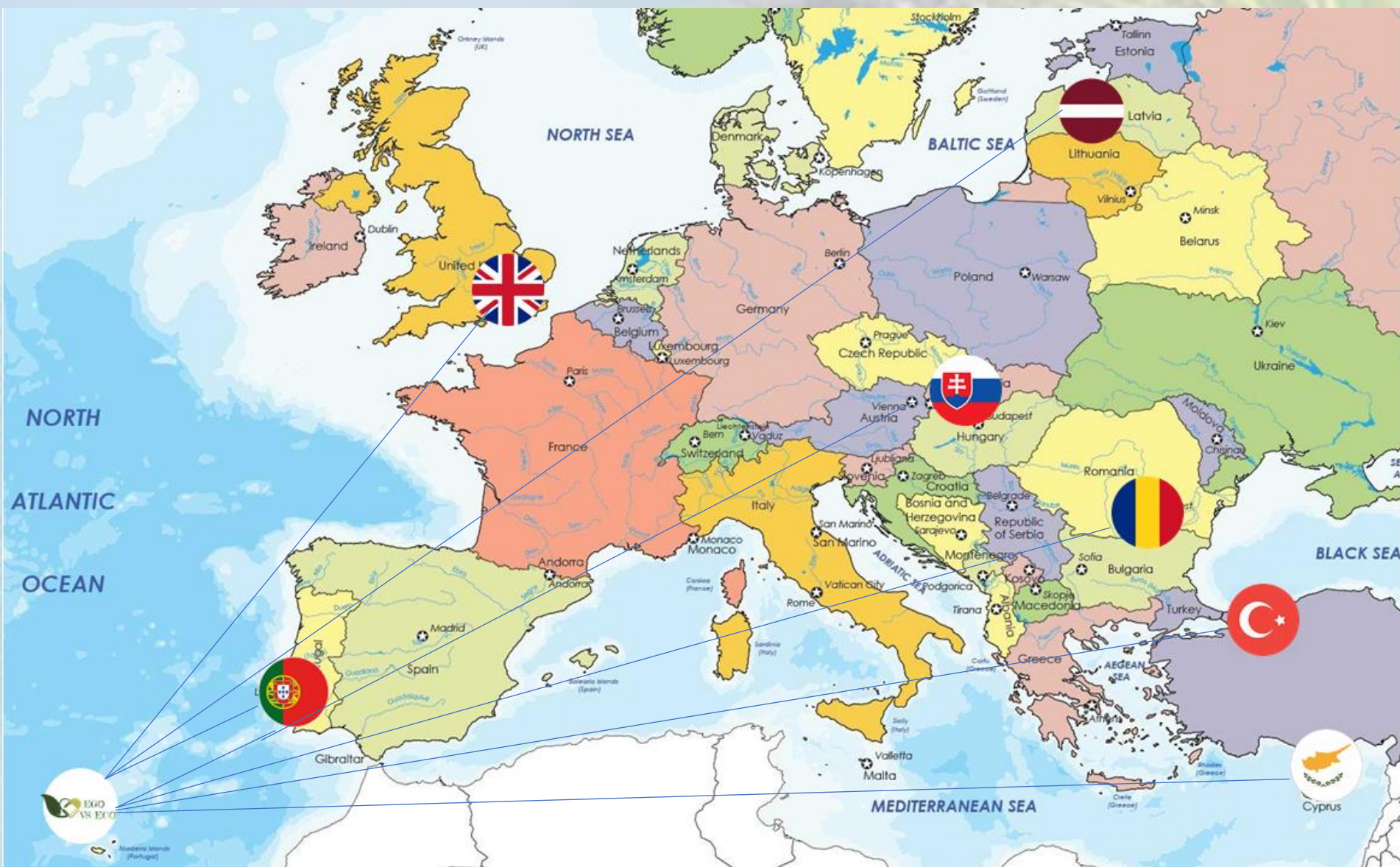
Slovakia: 530 EUR

Please email a screenshot of your travel ticket to informalexp@gmail.com before a purchase! You will receive a confirmation from the management team when you have a green light to purchase a ticket!

For traveling reimbursement, it is mandatory:

- **ONLINE TICKETS:** forward emails with e-tickets, boarding passes and invoices, it has to contain name, price and date.
- **OFFLINE TICKETS:** bring original receipts, copies will not be accepted.

Reimbursement will be received approximately in 3 months after the project



Living Together

All the participants will be expected to be **present and active** in all the activities during the project.

We will live in **multiple rooms** that encourages responsibility and sharing



It is **not allowed to smoke inside the hostel**, all the smokers will have to go outside to specially designated areas for a smoking.

We expect you to **respect the property accommodation** place - those who fail to do this will be fined directly by the property (Funchal Youth Hostel)

Alcohol is not allowed during the activities of our official programme. It is your own responsibility what you do in your free time, but please **keep moderation**.

The hostel also has the following policy: loud **intoxicated or drunk behaviour** at the youth hostel is not allowed, and will result in immediate cancellation of your stay, with no refund.

For more details, please check out their official website:

<https://www.madeira.gov.pt/drjd/Estrutura/Juventude/Centros-de-Juventude/ctl/Read/mid/5789/InformacaoId/41608/UnidadeOrganicaId/30>

What to bring?



- **Each country will have a chance to introduce their own culture to other participants.** Please bring your own food, dances, flags, musical instruments, traditional clothes and etc. Bring as many things from your countries as you can and don't forget to make it enjoyable for everyone to learn in interactive, educational and fun way.
- The weather in September is around 18°C to 25°C. However, it can be quite rainy and windy therefore please check forecast before the project.
- Please bring your own towel.
- During project, we will do hiking. Please bring appropriate hiking shoes, clothes, bag and reusable cup. For some participants distances can be quite long and tiring so please be prepare for it! We will do as well snorkelling or diving therefore take with you the swimwear.

More detailed information to what to bring with you, we will send 1-2 months before project implementation!

Important

PASSPORT: To enter Madeira Island, participants will need valid passport

VISA COSTS: If necessary, will be covered by the participants.

INSURANCE: Participants must have insurance. The following areas must be covered:

- travel insurance (including damage or loss of luggage);
- third party liability (including, wherever appropriate, professional indemnity or insurance for responsibility);
- accident and serious illness (including permanent or temporary incapacity);
- death (including repatriation in case of projects carried out abroad).

HEALTH CARD: It is strongly recommended that participants in transnational activities are in possession of a European Health Card. This is a free card that gives access to medically necessary, state-provided healthcare during a temporary stay in any of the 28 EU countries under the same conditions and at the same cost (free in some countries) as people insured in that country. More information on the card and on how to obtain it is available at <http://ec.europa.eu/social/main.jsp?catId=559>.

YOUTH CARD: You might ask to get Youth Card. However, where and how you can get it, we will provide the information after selection of participants.

Vaccines!

REMEMBER: To determine where you are from, RESIDENCE is the counting factor, not nationality. This means that we can support the participation of somebody living in Romania (or UK, Slovakia, etc.), AS LONG AS YOU TRAVEL TO AND FROM THE COUNTRY, no matter what nationality is shown on your passport. Please don't ask for exceptions ("I'm originally from Romania but now I live in Iceland can I travel from there?"), these are the rules and we cannot change them!

COVID 19 MEASURES

Beside the rules that we all know, and are respecting in our own countries, the following rules are necessary for the creation of a safe and productive learning environment:

1. All passengers must complete the mandatory epidemiological survey, provided by the Regional Health Authority on the digital platform <http://madeirasafe.com/> . The completion can be done 48h to 12h prior to boarding and must be done individually by each participant.

2. As things stands now, participants will need to be fully vaccinated or have a PCR test before travel to Madeira, carried out within 72 hours prior to boarding, in laboratories certified by national or international authorities. Please check your home country legal requirements in advance in order to travel to Madeira!

*We strongly encourage to have both vaccines in case restrictions changes by middle of September (2021). More information about legal requirement/exemptions you can find here [http://www.visitmadeira.pt/en-gb/useful-info/corona-virus-\(covid-19\)/information-to-visitors-\(covid-19\)](http://www.visitmadeira.pt/en-gb/useful-info/corona-virus-(covid-19)/information-to-visitors-(covid-19))

*The costs related to the test are supported by the participant directly, if their country does not provide free testing

*Before traveling, please ensure the rules to return home to your country.

3. All participants must have face masks that will need to be used in all common areas inside the accommodations. We will be using masks inside the activity room and other common areas. You will not need to wear the mask inside your sleeping rooms or outdoors, as long as you maintain proper social distancing. • Every bedroom, bathroom and common area will be equipped with disinfectant spray, disinfecting wipes and paper towels. Participants are responsible for disinfecting their room. Touchpoint clean will be done several times per day in common areas. • Before each session, the participants will need to wash their hands and use hand disinfectant that will be available at the entrance to the workshops room. The same procedure is necessary before each meal. • We will have two non-contact digital thermometers. Group leaders will need to check the temperature of all participants from their team. If someone has a high temperature, the person will need to skip the morning session and self-isolate in the room arranged for these situations. • After each session, facilitators will gather all materials (such as scissors, glue, markers etc.) that were used by participants and disinfect it for the next session.

4. Participants must bring their own reusable bottle to refill and drink water during the exchange.

COVID - 19 related restrictions might change due to the ever-changing nature of the regulations. Although we will keep you updated as much as possible, we strongly advise you to regularly check Madeira Gov news, your origin country restrictions and airline before travel.

Contacts



Project Coordinators:

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Up to date info about other opportunities from «EXP» -

Facebook: <https://www.facebook.com/exptoday/>

Instagram: [@exp.today](https://www.instagram.com/exp.today)



Madeira Emergency Numbers:

- National Emergency Number: **112**
- Police: **291 208 400**
- Hospital: **291 705 600**
- National Information Service: **118**
- National Poison Centre (CIAV): **808 250 143**



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